



**Hart Parenting Update:
April / Summer 2010**

For more information on anything contained in this newsletter please contact:

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Parent Support Advisers (PSAs)

PSAs are a school based service offering support to parents with school based issues including behaviour and school attendance. PSAs offer **early intervention and prevention** support to parents whose difficulties would not trigger the intervention of another agency. On some occasions they will support parents who are already working with another agency, but only where clear school based issues are identified and can be included as a package of support. PSAs offer parenting groups, drop-in support and one to one support, and can help to build relationships between parents and schools. To contact PSAs for discussion of whether they can offer support to individual parents, contact the relevant PSA direct.

Hart Contacts PSA's

Fleet Cluster – Phillipa Prewer E Mail – phillipa.prewer@court-moor.hants.sch.uk Ph. 07794708544

Yateley / Frogmore Cluster – will be a job share

Cobie Andrews started 1st April 2010 Phone: 07928222181 E Mail – community@yateleys.com

Barbara Whiting – start date approx 7th June 2010

Support for Parents of Children aged 0 to 5 – contact your local Children's Centre

Children's Centres provide families a welcoming and approachable gateway to all the support services and activities they need to give their children the best start in life.

To find out where your local children's centre is you can phone the Hampshire Children's Information Service on 0845 603 5620 or visit www.hants.gov.uk/childrens-centres.

The Parent Support Team Newsletter ...

Triple P Group (for parents of primary school aged children), Triple P Teen Group (for parents of children from 11 – 16 years) These are open to any parent through self referral and by referral from other agencies. These 8 session parenting groups support parents to make lasting changes in their parenting skills, and impact on their child's behaviour. This is a flexible programme and some of the sessions are held in groups (session 1 – 4 and session 8), the remaining sessions are one to one (in person or by telephone) with the facilitator so that parents have a real opportunity to gain support from other parents and to tailor the strategies to their own particular family life. Parents have a reference book/workbook provided which is theirs to keep after the course and DVD materials are used throughout. Parents or referrers who wish to find out more about a specific course running should contact the named Triple P programme facilitator direct. Places are generally offered on a first come first served basis. It is expected that parents or referrers will make contact with the facilitator BEFORE the programme starts. There is no charge for the parenting programme, although there may be a charge for crèche facilities if they are offered.

Please do not assume – that because a course is listed here that the course is running on the given dates at the given times or that there is an automatic place for an interested parent. Sometimes preference will be given to parents whose child attends a school in the cluster – you must contact the facilitator / organisation direct and have a conversation.

Thurs 29 th April for 5 weeks from 8pm to 9.45 pm	Time Out for Dads	Church on the Heath Elvetham next to Morrisons	Ken Shorey & Rob Fisher Telephone: 01252 843803 Email: ken.shorey@cff.org.uk This course is not accredited
10 th May for 7 weeks from 6pm to 8.30pm	Strengthening Families aimed at 10 to 14 year olds and their parents / carers	Elizabeth Hall Raven Road Hook RG27 9HH	For more information contact: Jen partner 0784 1492513 or Jess Smith 0754 0238113 Pilot Program – slightly restricted access – have a conversation with Jen / Jess
Thurs 10 th June for 6 weeks from 7.45pm to 9.30 pm	Time Out for Teenagers for parents who have a child 9 to 16	Church on the Heath Elvetham next to Morrisons	Ken Shorey & Kathryn Howes Telephone: 01252 843803 Email: ken.shorey@cff.org.uk This course is not accredited
Summer Term 2010 TBC	Triple P Teen	Yateley – Westfield School	Cobie Andrews PSA for Yateley and Frogmore Phone: 07928222181 cobie.andrews@yateley.hants.sch.uk Barbara Whiting PSA for Yateley and Frogmore

